

# Whole-Home Deep Cleaning Guide

Printable customer guide and checklist for booking, preparing for and getting the best result from a deep clean.

**Website:** [www.scrubbunnies.com](http://www.scrubbunnies.com)

## Answers first

A deep clean is a detailed, whole-home reset that goes beyond regular cleaning. It usually focuses on kitchens, bathrooms, floors, skirting boards, doors, handles, switches, reachable ledges, dust traps and built-up grime. Always agree the room-by-room checklist, extras, access, products and realistic time before booking.

## Use this guide when you need

- A proper reset after months of build-up rather than a quick maintenance clean.
- Help preparing for guests, a viewing, a move-in, a move-out or a property handover.
- A practical checklist for comparing deep clean quotes fairly.
- Clear safety reminders around products, surfaces, ventilation and residue.
- Space to write priorities, exclusions and questions before the cleaner arrives.

## What makes a deep clean different?

A regular clean maintains visible areas. A deep clean gives more time to edges, build-up, high-touch points, fixtures and details that are often missed when the priority is speed. It is still not the same as specialist mould remediation, hoarding clearance, pest treatment, professional carpet extraction or repair work.

### Customer note

Do not assume that oven interiors, carpets, upholstery, inside windows, inside cupboards, wall washing or heavy mould removal are included. These often need to be quoted separately.

# What a whole-home deep clean can include

The exact scope depends on the property, condition and booking time. Use this table to agree what matters most before the visit.

Area	Often included	Confirm as extra if needed
Kitchen	Worktops, splashbacks, cupboard fronts, hob area, sink, taps, appliance exteriors, bins, floor edges and visible grease.	Oven interior, fridge/freezer interior, inside cupboards, extractor filters, heavy grease restoration.
Bathrooms	Toilets, sinks, taps, baths, showers, mirrors, tiles, visible limescale, soap scum, high-touch points and floors.	Heavy limescale removal, mould-affected sealant, grout restoration, blocked drains, specialist stone care.
Bedrooms and living areas	Dusting, skirting boards, doors, handles, switches, reachable ledges, furniture exteriors, vacuuming and floors.	Inside wardrobes, upholstery cleaning, mattress cleaning, high ladder work, decluttering.
Hallways and stairs	Handrails, bannisters, skirting boards, switches, door frames, vacuuming and mopping where suitable.	Carpet extraction, stain treatment, high-level cobwebs or specialist stair cleaning.
Move-in or move-out areas	Empty rooms, cupboards if agreed, bathroom and kitchen focus, floors, fixtures and visible marks.	Guaranteed deposit return, repairs, repainting, waste removal or inventory disputes.

## Priority order for most homes

1. Kitchen and bathrooms first. They usually contain the most residue, grease, limescale and hygiene-sensitive touch points.
2. High-touch points next. Handles, switches, taps, rails and frequently used surfaces should be cleaned with separate cloths to reduce cross-contamination.
3. Edges and dust traps. Skirting boards, door frames, ledges and floor edges are where a deep clean becomes visibly different from a regular clean.
4. Floors last. Vacuuming and mopping should happen after dust and residue have been dealt with from higher areas.

### Professional expectation

A good cleaner should ask about property size, number of bathrooms, pets, access, surfaces, condition, priorities and extras before giving a realistic quote.

# How to prepare before the cleaner arrives

Preparation helps the cleaner spend paid time cleaning, not searching, moving personal items or guessing what matters.

Stage	What to do
Before the quote	Send photos of kitchens, bathrooms, heavy dust, limescale, pet hair, stains or clutter so the cleaner can quote honestly.
Before the visit	Clear floors, worktops, bath edges and bathroom ledges where practical. Put away paperwork, jewellery, medicines and valuables.
Access	Confirm parking, key collection, entry codes, alarms, pets and whether anyone will be home.
Priorities	Write the top three must-do areas. Deep cleaning time is finite, so the cleaner should know what matters most.
After the clean	Check agreed areas while access is still easy. Raise missed tasks calmly and with photos if needed.

## Safety and surface checks

Strong products are not automatically better. The safest result comes from the right product, used for the correct dwell time, then fully rinsed or wiped away so residue does not damage finishes or attract fresh dirt.

- Ventilation: open windows or use extractor fans when products are being used.
- PPE: wear gloves or eye protection where the label recommends it.
- Patch testing: test delicate, coated, coloured, natural stone, wood or older finishes before wider use.
- Dwell time: leave products only for the label time; longer is not always safer.
- Dilution: concentrated products must be diluted exactly as instructed.
- Residue: rinse or wipe away product residue, especially from food areas, taps, floors and bath/shower surfaces.
- Abrasion: avoid scratchy pads on chrome, acrylic, glossy tiles, coated hobs, glass and specialist finishes.
- Cross-contamination: use separate cloths for toilets, kitchens, bathrooms and general dusting.

### Important warning

Never mix cleaning chemicals. Do not mix bleach with descalers, vinegar, ammonia-based products, drain cleaners or other unknown products. Use one product at a time, follow the label and rinse thoroughly before changing product.



# Questions to ask before booking a deep clean

Use these questions to compare local cleaners and avoid misunderstandings on the day.

Topic	Ask this	Notes
Scope	What rooms and tasks are included as standard?	_____ _____
Extras	Are ovens, inside windows, inside cupboards, carpets, upholstery or walls included?	_____ _____
Time	How many hours or cleaners do you recommend for this property condition?	_____ _____
Products	Do you bring products and equipment, and can you work around pets, allergies or fragrance sensitivities?	_____ _____
Surfaces	How do you handle natural stone, wood, delicate taps, speciality floors or coated finishes?	_____ _____
Insurance	Do you have public liability insurance and a process for damage or missed tasks?	_____ _____
Access	How are keys, codes, alarms, parking and pets handled?	_____ _____
Payment	What are the payment terms, cancellation notice and any extra charges?	_____ _____

## Common mistakes to avoid

- Booking too little time. Heavy grease, limescale, pet hair and clutter need realistic hours.
- Assuming every extra is included. Specialist tasks should be named in the quote.
- Leaving surfaces covered. Cleaners cannot deep clean properly around piles of items.
- Using the wrong products first. DIY chemical residue can make the professional clean harder or risk surface damage.
- Expecting a guaranteed deposit return. Cleaning helps, but deposit decisions depend on evidence, inventory and starting condition.
- Not reporting delicate finishes. Marble, limestone, oiled wood, coated taps and specialist floors need caution.



# Printable deep clean preparation checklist

Tick what has been confirmed before the cleaner arrives.

<b>Date:</b> _____	<b>Cleaner / Company:</b> _____
<b>Property:</b> _____	<b>Phone / Email:</b> _____

Area	Tick when confirmed
Scope	<input type="checkbox"/> Room-by-room checklist agreed <input type="checkbox"/> Extras confirmed <input type="checkbox"/> Exclusions understood
Kitchen	<input type="checkbox"/> Hob/splashback <input type="checkbox"/> Sink/taps <input type="checkbox"/> Appliance fronts <input type="checkbox"/> Oven/fridge if booked
Bathrooms	<input type="checkbox"/> Toilets/sinks <input type="checkbox"/> Baths/showers <input type="checkbox"/> Limescale focus <input type="checkbox"/> Grout/sealant concerns flagged
Living areas	<input type="checkbox"/> Dusting <input type="checkbox"/> Skirting boards <input type="checkbox"/> Doors/handles/switches <input type="checkbox"/> Floors
Access	<input type="checkbox"/> Parking <input type="checkbox"/> Key/code/alarm <input type="checkbox"/> Pets <input type="checkbox"/> Someone home or entry instructions
Safety	<input type="checkbox"/> Allergies/fragrance <input type="checkbox"/> Delicate surfaces <input type="checkbox"/> Products/equipment <input type="checkbox"/> Ventilation
Aftercare	<input type="checkbox"/> Photos taken if needed <input type="checkbox"/> Areas checked <input type="checkbox"/> Missed tasks reported promptly

## Top three priorities for this clean

1.	_____ _____
2.	_____ _____
3.	_____ _____

### Customer-use protection

This guide may be downloaded and printed for personal customer use. Unauthorised copying, resale, redistribution or rebranding is prohibited. For a booked clean, confirm scope, products, exclusions, access and price with the cleaner before work starts.